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CALIFORNIA DREAM'N GFO, VEGAN

Toasted focaccia topped with fresh smashed avocado, fire roasted tomatoes, hemp hearts, fluer du sol, and microgreens

ORGANIC OVERNIGHT OATMEAL GF, VEGAN

Old fashioned jar of organic oats with a dash of chia seed brought to life with almond milk, local organic honey, Topped with fresh frui. Served cold

SWEET BALSAMIC FRUIT SALAD GF, VEGAN

A blend of fresh seasonal fruit, sweet white balsamic, crunchy pecans, and hemp hearts

BACON, EGG & CHEESE MELT

One slice of toasted focaccia, served open face and loaded with two eggs, bacon, and creamy melted cheese

NANA'S PANCAKES GFO

All organic Italian flour pancakes. Either traditional buttermilk
Banana berry, jalapeno cheddar, or chocolate chip +1.95

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ALL SERVED WITH OUR BREAKFAST POTATOES - SUBSTITUTE FRESH SEASONAL FRUIT +3 - SUBSTITUTE FIRE ROASTED CHERRY TOMATO AND AVOCADO MEDLEY +3 CHORIZO BURRITO GFO 19.95 A pasture raised 2 egg burrito loaded with house-made chorizo, pico de gallo, avocado, and melted cheese VEGAN CHORIZO BURRITO GFO 19.95 Vegan chorizo, black beans, pico de gallo, avocado, and vegan mozzerella FARMER'S DELIGHT. GFO 19.95 2 pasture raised eggs with spinach, avocado, and fire roasted tomatoes, mixed with melted cheese, wrapped in a tortilla BACON BENNY 6F0 20.95 Toasted focaccia, 2 strips of bacon, poached eggs smothered in a house-made hollandaise sauce FLORENTINE BENNY. GFO 20.95 Toasted focaccia, heirloom tomato, fresh spinach, & carmelized onions topped with 2 poached eggs and hollandaise BLUECRAB CAKE BENNY 6F0 25.95 Two seared fresh crab cakes with fresh greens, on top of lightly toasted focaccia. Topped with 2 poached eggs. Smothered in a rich house-made hollandaise sauce ROASTED SQUASH SUNRISE GF, VEGAN 19.95 ½ grilled avocado topped with squash, fire roasted tomatoes, fresh microgreens, pepita seeds, and hemp hearts. Drizzled with extra virgin olive oil TRADITIONAL BREAKFAST 6F0 16.95 Two pasture raised eggs, toasted focaccia, and your choice of bacon, chorizo, or sausage. Or make it vegetarian with roasted squash

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Suggested add ons: tomato & cheese

ALL SANDWHICHES AND BURGERS CAN BE SERVED ON GLUTEN FREE BREAD - +\$2 CHICKEN & PANCAKES. 21.95 2 pieces of our hand battered chicken tenders served over two fluffy pancakes CHORIZO NACHOS^{6F} 19.95 Nachos covered in real cheddar cheese, chorizo, fire roasted tomatoes, scrambled eggs and topped with pico de gallo Suggested add ons: jalapeno, avocado BREAKFAST BURGER 21.95 Our housemade burger with cheddar cheese, bacon, and topped with a fried egg. Sereved with our house potatoes Suggested add ons: avocado Warm toasted foccacia with bacon, lettuce, and tomato. Served with our house potatoes Suggested ad ons: avocado, caremlized onions, eggs RAW VEGGIE SANDOYEGAN 19.95 Fresh cucumber, crispy lettuce, heirloom tomato, avocado, red onion, and microgreens on toasted focaccia with a side of potatoes GRILLED CHEESE^{VO} 18.95 Toasted foccacia piled high with gooey melted cheddar & mozzerella cheese Suggested add ons: tomato, bacon, carmelized onions, mushrooms CRISPY CHICKEN STRIP SANDWICH 21.95 Hand-battered and fried chicken strips. Topped with melted mozzarella cheese, lettuce, red onion. Served dry or tossed in buffalo sauce. Suggested add ons: tomato & bacon GRILLED STEAK SANDWICH25.95 Marinated steak, smoked gouda, crispy leeks and bermuda red onion on toasted focaccia topped with a fried egg and lettuce. Served with a side of creamy horseradish sauce HAND-MADE VEGGIE BURGER GF, VEGAN 20.95 Black beans, sauteed mushroom, sweet potatoe, and our special house spices Topped with lettuce, avocado, and house-made pickled red onion.



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TABLE BREAD FOCACCIA VEGAN2.95

SERVED WITH BUTTER OR OO & BALSAMIC ADDITIONAL BUTTER OR OO & BALSAMIC +2

HOUSE-CUT CRISPY FRIES TOPPED WITH MOZZERELLA, PARMESAN, AND TRUFFLE OIL SUB VEGAN CHEESE +1.95

TENDER ARTICHOKE PAIRED WITH MELTED CHEESE, & SPINACH. SERVED WITH CHIPS OR SLICED VEGGIES

FRESH, TENDER BLUE CRAB MEAT WITH CELERY, CARROTS, SHALLOT, SAUTEED & CRISPY

QUESADILLA GFO, VO15.95

TORTILLA FILLED WITH MELTED MOZZARELLA & CHEDDAR, WITH A SIDE OF HOUSEMADE PICO. SUGGESTED AD ONS: AVOCADO, CHICKEN, BACON SUB GF OR VEGAN CHEESE +2.5

BUTTER BOARD GFO

- I'LL HAVE WHAT SHE'S HAVING (2)11.95 - LET'S MAKE THIS A PARTY! (4+)16.95

SEASONALY PLATED WITH FRESH FRUIT & LETTUCE. FILLED WIHT PONZU, AND TOPPED WITH FRESH GRATED HORSERADISH & MICROGREENS

MEDJOOL DATES BAKED AND WRAPPED IN CRISPY BACON

WINGS - 12.9512 WINGS - 24.95

SLOW-SMOKED WINGS TOSSED IN HOUSE-MADE SAUCE - PINEAPPLE HABANERO - LEMON PEPPER - BUFFALO

ADD CARROTS AND CELERY +1.95

STROMBOLI7.95

MADE FROM IMPORTED ITALIAN FLOUR: WARM FLAKY PIZZA CRUST WRAPPED AND LOADED UP WITH MELTED MOZZERELLA AND PEPPERONI

ITALIAN IMPORTED FRESH BURRATA SERVED ON A BED OF ARUGULA, DRIZZLED WITH OLIVE OIL & BALSAMIC

CHARCUTERIE GF

- PARTY TIME! (4+) 29.95

SUGGESTED AD ONS: SLICED PROSCIUTTO

SOUP DU JOUR

SERVED WITH 1 SLICE OF FOCCACIA

CUP 8.95 BOWL 12.95

SALADS

CAESAR* GFO SIDE 8.95 ENTREE 16.95 CRISP ROMAINE, HOUSE-MADE DRESSING AND CROUTONS TOPPED WITH SHAVED ITALIAN PARMESAN

GREEK GF, VO SIDE 9.95 **ENTREE 17.95** KALAMATA OLIVES, CUCUMBERS, HEIRLOOM TOMATOES, RED ONION, FETA TOSSED IN GREEK DRESSING

TRADITIONAL HOUSE GFO, VEGAN SIDE 7.95 ENTREE 15.95 MIXED GREENS, CUCUMBER, TOMATO, SHAVED CARROT, BERMUDA RED ONION, HOUSE-MADE

BUFFALO CHICKEN* GFO 20.95 GRILLED OR CRISPY CHICKEN TOSSED IN BUFFALO SAUCE, TOMATO, RED ONION, & MOZZERELLA CHEESE WITH RANCH OR BLUE CHEESE DRESSING

MEDITERREAN HARVEST 20.95 ARUGULA, SHAVED ROMANO, ROASTED PINE NUTS, DRIED FIG, PROSCIUTTO, DRIZZLED WITH BALSAMIC VINIAGRETTE

ADD-ONS

JALAPENO, PICO - 2.25 CHEESE - 2.25 AVOCADO 3 MICRO GREENS 3 CHORIZO, SAUSAGE, BACON 4 SLICED PROSCIUTTO 7 SLICED GRILLED STEAK 12 SLICED GRILLED CHICKEN 9 CHICKEN STRIPS 9 BUFFALO CHICKEN STRIPS 9 SALMON 19

HEIRLOOM TOMATO, MUSHROOM,

SIDES 6

ROASTED SQUASH / SWEET POTATO FRIES / HOUSE-CUT FRIES / FRESH FRUIT/ HOUSE BREAKFAST POTATOES